

Catch the Son Preschool--Illness Policy 2022-2023

- **Parents or caregivers should monitor their children for signs of infectious illness every day.**
- **Students or parent helpers who are sick cannot attend school in person.**
- **Catch the Son is not able to care for sick children. The school does not admit children with infectious diseases or any of the following symptoms:**
 - A cold less than 3 days old
 - An active runny nose
 - If your child has known allergies, please make sure this is listed in your child's Brightwheel profile and speak with your child's classroom teacher. Documentation may be required.
 - Red throat, swollen glands
 - Fever (must be fever-free, without the use of fever-reducing medications, for at least 24 hours before returning to school)
 - Unexplained rash or skin eruption
 - Productive cough
 - Sore throat
 - Pink eye, eye discharge
 - Signs the child is not well such as drowsiness, headache, listlessness, diarrhea, vomiting, etc.
- **Students and parent helpers must be symptom-free for 24 hours before returning to school.**
- We understand symptoms can often linger for weeks. If your child still has 2 lingering symptoms it might be best to keep them home. We ask that you use your common sense when judging whether or not to send your child to school.
- **Remember--we are a cooperative preschool--let's take care of each other and keep everyone's best interest in mind.**
- If there is a virus (like a cold) circulating among other members of your household we ask that you send your child to school in a mask until that virus is no longer contagious.
- If a child becomes ill during school time, we will isolate the child in an area away from other children and have a Parent Helper supervise the child. Parents will be notified and will be asked to pick up their child as soon as possible.

Catch the Son Preschool

Protocols for Exposure to & Confirmed Cases of COVID19

2022-2023

CLOSE CONTACT

What is “Close Contact”? (Defined by the CDC)

You generally need to be in close contact with a sick person to get infected. Close contact includes:

- Living in the same household as a sick person with COVID-19
- Caring for a sick person with COVID-19
- Being within 6 feet of a sick person with COVID-19 for about 15 minutes, or
- Being in direct contact with secretions from a sick person with COVID-19 (e.g., being coughed on, kissing, sharing utensils, etc.)

Close contact with someone includes the 48 hours **before** the person starts showing symptoms.

ILLNESS AT SCHOOL

Not a Confirmed Case of COVID-19 - Staff, Child, or Parent Helper Who Become Sick While at School **(Washington State Department of Children, Youth & Families)**

- Place the person in a room away from others until they can leave the facility while maintaining supervision for any child in isolation
 - Teacher
 - Isolate in the fellowship/community room
 - Parent helpers take over until all the children in that class can be picked up
 - The entire class will need to be notified and their children will need to be picked up. Parent Helpers will not be responsible for conducting the rest of class.
 - The parent helper sends a mass text via Shutterfly or group text. When the parent comes to pick up their child, they text the parent helper and they walk them to their door.
 - Student
 - Isolate in the fellowship/community room
 - The student will need to be supervised by a parent helper until they are picked up
 - The Parent(s) of that child are notified to come and pick them up ASAP
- When is it safe to return?
 - At least 24 hours symptom-free without the use of medication.
 - Please see our illness policy on pg. 1 of this packet.

Confirmed Case of COVID-19 in a Teacher, Student, or Preschool Parent (who has been a Parent Helper in a classroom within 48 hours of the onset of symptoms)

- Veronica will notify any Catch the Son family who may have been in close contact
- Close off areas used by the person who was sick
- Open outside doors & windows to increase air circulation
- Preschool staff will make sure all spaces used by this person are cleaned and disinfected
- Veronica will consult with Local Health Officials
- If a teacher, student or parent helper tests positive for COVID19, the local health jurisdiction will advise, but there is a chance individual classes or the entire school may need to be canceled.

- **When is it safe to return?**

- The individual may return to preschool after 5 full days (day 0 through day 5) of isolation if:
 - Their symptoms have improved or they are asymptomatic, AND
 - They are without a fever for the past 24 hours without the use of fever-reducing medications.

AND IF returning to school/care days 6-10, the individual is required to:

- Wear a well-fitted mask during days 6-10, OR
- Test negative with an antigen or at-home test any day after day 5 before returning without a mask. Testing beyond day 10 is not necessary.

** Day 0 is the first day symptoms appeared, or the day the positive test sample was collected if not symptomatic.*

Confirmed Case of COVID-19 in Your Family

- If there is a confirmed case of COVID-19 in your household, your preschooler must isolate at home for 5 days after the last positive test result of a family member.
- A COVID test must be administered on day 5 and if a negative result is obtained, they may return to school. If the test is positive, please follow the “When it is safe to return” guidelines outlined above.

EXPOSURE PROTOCOLS

Close Contacts of Persons with COVID-19 (Taken from Washington State Department of Health Guidance for K-12 Schools and Early Childhood Education Centers):

- Regardless of vaccination status, students, children, and staff who were potentially exposed to COVID-19 should:
 - Monitor for symptoms, AND
 - Consider wearing a well-fitted mask (if age appropriate) for 10 days after the last date of exposure, AND
 - Get tested 3-5 days after their last exposure. Molecular (PCR/NAAT), antigen, and at-home tests are acceptable. If they test positive, they must isolate.
 - For individuals who have been recently infected (within the past 90 days), antigen testing should be performed as PCR results may remain persistently positive and not be indicative of a new, active infection.
- Exposed students, children, and staff may continue to take part in all in-person instruction and care, as long as they are not symptomatic. If an exposed student, child, or staff develops symptoms, they are required to immediately isolate at home and follow the isolation protocols outlined above.

Recommendations After Travel (especially if by plane and/or exposure to larger groups of people):

- Monitor for symptoms, AND
- Consider wearing a well-fitted mask (if age appropriate) for 10 days after returning home, AND
- Get tested 3-5 days after returning home. Molecular (PCR/NAAT), antigen, and at-home tests are acceptable. If they test positive, they must isolate.

Missed Days Due to COVID-19

- We will not issue tuition refunds or make-up days for school missed due to COVID19